

Early Signs Checklist



Does your loved one need additional help in the home?

The following checklist will help you spot “red flags” and identify if your loved one may need assistance or relief in their home.

- ♥ Is your loved one feeling forgetful?
- ♥ Has your loved one mentioned that they’ve missed doctor’s appointments or forgotten to take their medication?
- ♥ Do they show signs of isolation?
- ♥ Does your loved one mention having difficulty sleeping, walking, dressing, eating and/or bathing?
- ♥ Have you noticed that your loved one mentions having difficulty maintaining the home?
- ♥ Have you noticed your loved one with bruises and when asked they were unsure how they got them?
- ♥ Did your loved one experience a fall since the last time you spoke to them?
- ♥ Does your loved one need daily or weekly medical treatments? i.e. dialysis, IV therapy, chemotherapy, radiation, PT?
- ♥ Do they use medical equipment? i.e. oxygen, wheelchair, walker.
- ♥ Is your loved one receiving late payment notices, bounced checks or calls from collectors?
- ♥ Does your loved one’s vehicle have excessive dents or scratches?